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The VIX Is Spiking. 'The Market Now Sits at an Inflection Point.'

By [Connor Smith](#)

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The CBOE Volatility Index, or VIX, is starting to move toward elevated levels of volatility. It spiked 3.19 points to 22.22 on Tuesday. A reading around 20 is seen as normal volatility.

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If today's move holds, the S&P 500 would mark its third daily move of 1% or more. It's the first time it's strung so many such days together since it moved at least 1% the four days that ended on April 24, according to Dow Jones Market Data.

Friday actually snapped a streak of 33 trading days without a move of 1% or more, which was its longest such streak since Jan. 24, 2020.